

FRIDAY 15 SEPTEMBER 2023  
9.00am - 4.30pm

THE SCIENCE & INDUSTRY MUSEUM,  
MANCHESTER M3 4FP

# GBT SUMMIT

MANCHESTER 2023



"I FEEL GOOD"

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## MEET THE MANCHESTER GBT SUMMIT SPEAKERS

Following the success of the 2022 GBT Summit in London, EMS is delighted to be hosting this year's in Manchester on Friday 15th September between 8.30am and 4.30pm.

It is set to bring together international experts and clinicians to share information about preventive dentistry and modern therapies to support existing GBT users and those looking for new ways to elevate their skill set and supercharge their hygiene room.

Whether you are already part of the GBT professional family or are considering adopting this revolutionary protocol, you are invited to join EMS in changing the face of preventive dentistry.

**Priced at just £95 plus VAT and worth 5 CPD hours, spaces will soon be filled, so don't delay!**

In the meantime, here we look at what our speakers will be covering over this incredible day, giving insight into what you can expect to experience.

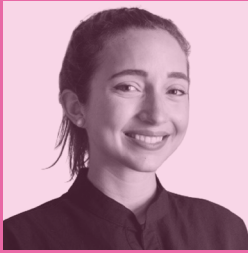
Further information is available at [www.dentistry.co.uk/GBT-summit](http://www.dentistry.co.uk/GBT-summit)

SCAN ME





**DR VICTORIA  
SAMPSON**



**An award-winning dentist practising in London.**

Victoria shares her insight into the oral microbiome and how understanding it fully can help to support patients in their oral health efforts between appointments.

**Victoria says:** 'I think showing that an imbalanced oral microbiome can lead not only to dental diseases, but also systemic disease gives hygienists and therapists much more responsibility and authority. Patients are not just there for a 'clean and polish' but instead there to reduce their bacterial load and reduce their inflammation. A hygiene treatment is so much more than just a cosmetic treatment and a hygienist is much more than a 'cleaner of the mouth'. It is a medical treatment that has an impact on the whole body. Once patients appreciate this, they will be far more compliant.'



**DR DEVAN  
RAINDI**



**An award-winning specialist periodontist, practising in both London and Birmingham.**

Focusing on flapless regeneration of the periodontium, Devan covers the rationale behind minimally invasive non-surgical periodontal therapy, as well as sharing the correct instruments and techniques required for minimally invasive non-surgical therapy, plus considering the future of non-surgical regeneration of the periodontium.

**Devan says:** 'I truly believe non-surgical therapy remains (and will remain) the cornerstone of effective periodontal therapy. By utilising the correct clinical techniques with appropriate equipment there is no reason why non-surgical regeneration cannot be predictably achieved on a daily basis in general practice settings. Moving towards the future, I would like to see the development of interventions that optimise the healing process at a biological level, for example combining non-surgical therapy with the use of biologics/regenerative materials and, ideally, considering the patient's specific biology to allow for a 'precision dentistry' approach.'

**"I FEEL  
GOOD"**

**CELSO  
DA COSTA**

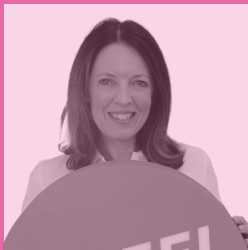


**Director of Global at the Swiss Dental Academy (SDA) and Marketing at EMS.**

Sharing why prophylaxis is the best practice builder, Celso will explore the benefits of investing in new technologies and protocols.

**As Celso says:** 'The modern patient seeks a blend of comfort, convenience, quality, and personalised care from their dental practice and team. They want the latest in dental technology for effective and less invasive treatments. They are also looking for flexible appointment schedules, transparent and straightforward billing, and a responsive, compassionate team that respects their time and concerns. Patients appreciate an integrated, holistic approach to their dental care, in which their overall health and well-being are taken into account.'

**AMANDA GALLIE**



**A dental therapist and lecturer, working for Leicester Community dental services treating anxious children and special needs patients, as well as Bupa Dental Care in Lincolnshire.**

Presenting an SDA (Swiss Dental Academy) Case Study, Amanda comments on what it is about the GBT protocol that fulfils her passion for dental excellence: 'The technology is impressive and seeing and experiencing this equipment evolve over the last 25 years has been a real privilege. For me, the reproducibility for potential research projects gives me joy. The precision built into the protocol gives me peace of mind, the intervention is effective. I then feel I've done my best that day in terms of patient care. I sleep better in that knowledge.'



## LOUISE WARDEN



### A dental hygienist practising at the Scottish Centre for Excellence in Dentistry in Glasgow.

Louise explores how GBT enhances implant maintenance, helping delegates to gain an understanding of the three main implant classifications, how GBT can be used to treat all three of these stages, and how GBT benefits implant maintenance.

Considering why there is an emerging problem in terms of implants and peri-implantitis, **Louise shares:** 'More patients are having implants as they want a permanent solution to missing teeth, plus more dentists are training in providing implants. With more dental implants, there is then more need to care for these implants and prevent implant disease. Implant disease is estimated at approximately 40% for mucositis and 20% for implantitis.

'These are high numbers for patients getting implants; therefore, this could be described as an emerging problem. Once the implant is placed, GBT offers comfortable, non-invasive management of implants to keep them healthy. And if disease has started, it offers the ability to remove the biofilm around the implant, which is crucial in the management of the implant disease.'

## CLAIRE BERRY



### A multi-award-winning hygienist and a key pacesetter in dental prophylaxis training.

Presenting an SDA Case Study, **Claire has this to say** about creating a personalised routine to emphasise prevention between appointments: 'After an assessment and diagnosis, which is step 1 of the GBT protocol, I talk to the patient about their diagnosis and about the role biofilm plays, using this moment to discuss how biofilm initiates both oral and systemic disease. The health belief model states that a patient needs to realise they are susceptible to disease in order to facilitate behaviour change, so this is how I start that process. The GBT protocol then calls for disclosing at step 2. I call this step 'highlighting the biofilm', so that we can see where they are doing well and where they need to make adjustments at home, as well using it to guide me to be able to guarantee 100% removal.

'Highlighting the biofilm allows the patient to see where the biofilm is and then step 3 of the GBT protocol calls for me to use this to coach them on how to remove it at home. As everyone's pattern of biofilm is different, because of things like plaque retention factors, anatomical features or prostheses, their oral health instruction is bespoke to them.

'This all happens before I even start any physical treatment to remove the biofilm, reinforcing that home care comes first and what they do between appointments is what will stabilise disease and/or maintain health.'

"I FEEL GOOD"



## FAYE DONALD



### An award-winning dental hygienist with over 20 years of experience.

Offering insight into an SDA Case Study, Faye's perspective is that when we think about what is new in prophylaxis, what is under discussion is what is new in preventing disease, not what is new in removing calculus and stain.

**On this, Faye comments:** 'The profession is waking up to the fact that if we get this right, one day we could live in a world where dental disease is a thing of the past. We have the knowledge and the power to make this happen.

'We must take responsibility for the treatment and ask ourselves if we are doing what's best for our patients if we continue to apply techniques and methodology that was designed at a time when we thought calculus was the problem. If we're going to prevent disease in future generations, we must focus our attention on what's causing it and not on removing its byproducts. This is why I choose to apply Guided Biofilm Therapy in my clinics, because at the very heart of its ethos is prevention and prophylaxis.'

EARN 5 CPD HOURS FOR JUST £95 +VAT



"I FEEL GOOD"

## SALLY SIMPSON



A dental therapist who has been working in the field of dentistry for over 30 years.

Presenting an SDA Case Study, Sally is keen to emphasise how important it is that a minimally invasive approach to patient management and treatment can be adapted throughout many patient types and groups.

**Sally puts forward that:** 'All patient types and groups should expect to be managed in the least invasive way. Preserving the oral tissues, both hard and soft, should be at the forefront of the management of every patient. With GBT, we are using proven, successful management and therapeutic modalities to treat and prevent disease and grow patient confidence and engagement through comfortable, painless management.'

'Following a protocol like GBT also helps clinicians work to best practice and employ gold standard care. Clinicians using evidenced based diagnostic and management guidelines within the protocol can be confident that they are meeting required standards of care.'

TIME	TOPIC	SPEAKER
8:30 - 9:15	Registration	
9:15 - 9:30	Introduction	Harry Morris
9:30 - 10:15	The oral microbiome – what is it and why is it so important?	Dr Victoria Sampson
10:15 - 10:40	SDA Case Study	Faye Donald
10:40 - 11:10	Break	
11:10 - 11:55	Flapless regeneration of the periodontium: minimally invasive advances in non-surgical therapy	Dr Devan Raindi
11:55 - 12:20	SDA Case Study	Amanda Gallie
12:20 - 13:40	Lunch	
13:40 - 14:25	Prophylaxis is the best practice builder	Celso Da Costa
14:25 - 14:50	SDA Case Study	Sally Simpson
14:50 - 15:20	Break	
15:20 - 16:05	How GBT enhances implant maintenance	Louise Warden
16:05 - 16:30	SDA Case Study	Claire Berry
16:30	Close	

## About the 2022 event

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I have experience using GBT, but based on today I've not been reaching its full potential. It's important to get trained in the protocol so I can use it in the most efficient way and pass on the ethos of pain-free treatment and more patient education. This will definitely help enhance what I offer, as well as help build revenue for the practice.

Reece Isaac, Dental Therapist

CC

The day has been so interesting. The first lecture from Victoria Sampson was really different on a subject we don't usually hear about. It has certainly changed our way of thinking.

Jane Laks, Bridgeview Dental Practice

**REGISTER AND BOOK YOUR PLACE  
PLACES ARE LIMITED, SO DON'T DELAY**

[gbt-dental.com/uksummit2023](https://gbt-dental.com/uksummit2023)

SCAN ME

